

## About us

With “Beratung und Treffpunkt”, shortened BuT, everyone will get support in challenging situations and we also offer a wide range of free time activities.

We see ourselves as a place of coming together and exchange.

We offer both confidential consultation hours in counselling, as well as open courses in sports and free time activities. Tutoring and helping with homework completes our offer.

## How to contact us

Beratung und Treffpunkt (BuT)

Holstenhöfener Straße 4

32825 Blomberg

Contact person: Beatrix Schröder

Phone 05235 5097930

[beatrix.schroeder@sos-kinderdorf.de](mailto:beatrix.schroeder@sos-kinderdorf.de)

You will get an insight into our work in our film about the institution.

We are looking forward to meet you!

**Little worries?**

**Big problems?**

**Together we will find a solution!**

Counselling for children, teenagers and adults.

Educational and free time activities in our open meeting place.

## We are here for you

Possible reasons for counselling:

Does your child often seem to be sad or depressed?

Is your child not integrated in school or in his/ her age group?

Is your child suffering because his/ her parents have separated?

Does your child have outbursts of anger or defiance?

Are you thinking about separation or divorce?

Do you feel that things can't go on like this and are you looking for support?

Do you feel lonely, overwhelmed or mourn the loss of a loved person?

Are you on your way of growing up and are you facing many challenges?

Do you want someone who will listen to you and help you find solutions?

Whatever is bothering you and wherever you need help – we are happy to support you! No matter how old you are. We listen to you and help to find solutions in a trusting surrounding.

[Just get in touch with us!](#)

## We support you

In three steps to a common solution

1. Give us a call: 05235 5097930
2. Schedule an appointment.
3. Come to a confidential meeting with our qualified consultant.

If you would like to come by spontaneously, this is best done on Thursdays.

We offer an open consultation hour between 3 p.m. and 4 p.m.

[Our counselling is confidential and free of charge!](#)

## We also offer

- Specialist advice on sexualized violence in youth and childhood
- School psychology work
- Education, e.g. German language courses, English courses, tutoring
- movement courses, yoga, karate
- open café
- Projects e.g. vocabulary project or „Die bunten Hunde“

## Open area

Movement and creativity in the open area

Start the day with yoga, visit the “Stillcafé” (breastfeeding café) with the kids in the afternoon or let the junior let off steam in the karate training?

Our program in the open area is colourful und diverse.

Whether English course, dancing, painting or a parent-child group: there is something for everybody.

Simply scan the QR code with your app on your smartphone and find free time activities in the course program on our web page.



You can also find all current information on our Facebook page:

SOSBeratung.Treffpunkt.Blomberg